

Training Sommer 2025

Teamtraining

Jugend

Trainerstunde

	Zeit	1	2	3	4
Montag	15:00	Oldies	Oldies		
	16:00	Oldies	Oldies	Malin	
	17:00	H 50/50 II	H 50/50 II	Malin	Luca
	18:00	H 50/50 II	H 50/50 II	Malin	
	19:00	H 50/50 II	H 50/50 II		HP Meyer
	20:00				
Dienstag	15:00			Yul	
	16:00			Yul	Platzwarte
	17:00	H 65	H 65	Yul	Platzwarte
	18:00	H 65	H 65	Luca	Luca
	19:00			Luca (H 40)	Luca (H 40)
	20:00				
Mittwoch	10:00-11:30	Oldies	Oldies		
	15:00				
	16:00				
	17:00	D 30/40	D 30/40		Damen (Luca)
	18:00	D 30/40	D 30/40	H 30 II	H 30 II
	19:00	D 30/40	D 30/40	H 30 II	H 30 II
	20:00				
Donnerstag	15:00				
	16:00	H 70	H 70	Sina	
	17:00	H 70	H 70	Sina	
	18:00	H 30	H 30	Sina	
	19:00	H 30	H 30	Achim Riepe	
	20:00				
Freitag	12:00-14:00				
	15:00			Celine	
	16:00			Celine	
	17:00			Celine	Mats
	18:00	Herren	Herren	Celine	
	19:00	Herren	Herren	H 40	H 40
	20:00				
Samstag	09:00				
	10:00			Lia	
	11:00			Lia und Yul	
	12:00				
	13:00				