

# Training Sommer 2024

Teamtraining

Jugend

Trainerstunde

	Zeit	1	2	3	4
Montag	15:00	Oldies	Oldies	Sina	
	16:00	Oldies	Oldies	Sina	
	17:00	H 40/50	H 40/50	Sina	Luca
	18:00	H 40/50	H 40/50	Sina	HP Meyer
	19:00	H 40/50	H 40/50		HP Meyer
	20:00				
Dienstag	15:00				
	16:00		H 60		Platzwarte
	17:00	H 60	H 60	Luca	Platzwarte
	18:00	H 60	Mats (H II)	Luca	Luca
	19:00			Luca (H II)	Luca (H II)
	20:00				
Mittwoch	10:00-11:30	Oldies	Oldies		
	15:00			Marco	
	16:00			Marco	
	17:00	D 30/40	D 30/40		
	18:00	D 30/40	D 30/40	Herren 30 II	Herren 30 II
	19:00	D 30/40	D 30/40	Herren 30 II	Herren 30 II
	20:00				
Donnerstag	15:00			Malin	
	16:00	H 70	H 70	Malin	
	17:00	H 70	H 70	Malin	
	18:00	H 30	H 30	Malin	
	19:00	H 30	H 30		
	20:00				
Freitag	12:00-14:00		Michael		
	15:00			Celine	
	16:00			Celine	
	17:00		Damen	Celine	
	18:00	Herren	Herren	Celine	
	19:00	Herren	Herren II		
	20:00				
Samstag	09:00				
	10:00				
	11:00				
	12:00				
	13:00				